



INDEX

SECTION A

Chapter	Name of topic	Pg. No.
1.	Introduction of Rasashastra	1-9
	Introduction	1
	Derivation	2
	Etymology	2
	Definition	2
	Importance of Rasaushadhi	2
	Concept of Rasa - Rasayana	5
	Raseshwara Darshana	6
2.	History of Rasashastra	10-24
	1. Pre Vedic period	11
	Salient features of Pre-Harappana period	11
	Salient features of Indus Valley civilization period	11
	Salient features of Post-Harappana period	11
	2. Vedic period	11
	Rigveda	11
	Yajurveda	11
	Atharvaveda	11
	3. Post Vedic period	12
	Brahmana Sahitya	12
	Upanishada	12
	Sutra & Smriti	12
	Purana	12
	Kautilya Arthasahasra	13
	4. Samhita period	13
	Charaka Samhita	13
	Sushruta Samhita	14
	Ashtanga Samgraha and Hridaya	14
	5. Rasa period (Medieval period)	14
	Rasa Ratnakara / Rasendra Mangala	16
	Rasa Hridaya Tantra	16
	Rasamava	16
	Goraksha Samhita (Goraksha Paddhati)	17
	Ananda Kanda	17
	Rasendra Chudamani	18
	Rasa Ratnakara	18
	Rasa Prakasha Sudhakara	18
	Rasendra Sara Samgraha	18
	Rasa Ratna Samuchchaya	19
	Rasendra Chintamani	19
	Rasa Chintamani	19
	Rasa Kamadhenu	20
	Ayurveda Prakasha	20
	Bhaishajya Ratnavali	20
	Yogaratanakara	21
	6. Modern period	21
	Rasatarangini	21
	Rasamritam	21
	Rasa Yoga Sagara	22
	Bharat Bhaishajya Ratnakara	22
	Rasa Jala Nidhi	22
	History of chemistry in ancient and medieval India	22
	Parada Vignaniyam	23
	AFI (Ayurvedic Formulary of India)	23
	API (Ayurvedic Pharmacopoeia of India)	23
	Drugs and Cosmetics Act 1940	24
3.	Rasa Shala	25-28
	Place for Rasa Shala	25
	Building of Rasa Shala	25
	Equipments	25
	Division of work	26
	Rasa Mandapa	27
	Preparation of Rasa Linga	27
	Rasa Mandala and Kamal Nirmana	27
	Rasendra Puja Vidhi	28
4.	Paribhasha	29-40
	Importance of Paribhasha	29
	Dhanvantari Bhaga	29
	Rudra Bhaga	30
	Shodhana	30
	- Types of Shodhana	30
	- Samanya Shodhana	30
	- Vishesh Shodhana	30
	Different techniques used for Shodhana	30
	Bhavana	31
	- Methods of Bhavana	31
	- Importance of Bhavana	31
	- Amount of Bhavana Dravya	32
	- Subbhavita Lakshana	32
	- Durbhavita Lakshana	32
	Marana	32
	- Definition	32
	- Methods	32
	- Agnipaki method	32
	* Putapaka method	32
	* Kupipakva method	32
	- Bhanupaki method	33

- Importance of Marana	33
Mrita Lauha Pariksha	33
- Varitara	33
- Rekhaumata	33
- Unama	34
- Shlakshnatvam	34
- Susukshma	34
- Anjana Sannibha	34
- Dantagre na Kach Kach Bhavati	34
- Varna	34
- Avami	34
- Apunarbhava	34
- Niruttha	34
- Gata Rasatva	34
- Nishchandratva	34
- Nirdhumatva	35
Amritikarana	35
Lohitikarana	35
Satvapataana	35
Druti	36
- Garbha Druti	36
- Bahya Druti	36
- Characteristic	36
Jarana	36
- Definition	36
- Types	37
- Method	37
- Gandhaka Jarana	37
- Properties of Ghandhaka Jarita Parada	37
- Properties of Abhraka Jarita Parada	38
- Importance	38
Murchchhana	38
- Definition	38
- Types	38
- Procedure	39
- Characteristic of Murchchhita Parada	39
- Importance	39
Differences between Jarana and	
Murchchhana	39
Kajjali	39
Rasapanka	40
Rasapishti	40
Bija Lakshana	40
Shuddhivarta	40
Bijavarta	40
Svangasheeta and Bahirsheeta	40
Bid Lakshana	40

5. Dravya Varga	41-43
Amla Varga	41
Panchamrita	41
Panchagavya	41
Panchamrittika	41
Kshara - Dvaya and Trayas	41
Kshara Panchaka	42
Ksharashtaka	42
Mitrapanchaka	42
Dravaka Gana	42
Lavana Panchaka	42
Rakta Varga	42
Pita Varga	43
Shukla Varga	43
Shweta Varga	43
Krishna Varga	43
6. Yantra	44-57
Introduction	44
Definition	44
Yantra use in different processes of Parada	44
Dola Yantra	44
Putra Yantra	45
Ghata Yantra	45
Swedani Yantra	46
Swedana or Ushna Yantra	46
Patana Yantra	47
Urdhva Patana Yantra	47
Adhah Patana Yantra	48
Tiryak Patana Yantra	48
Vidhyadhara Yantra	49
Damaru Yantra	49
Sthali Yantra	50
Palika Yantra	50
Valuka Yantra	51
Bhudhara Yantra	52
Patala Yantra	52
Khalva Yantra	53
Ardhachandrakara Khalva Yantra	53
Vartulakara Khalva	54
Tapta Khalva Yantra	54
Ulukhala Yantra	54
Kachchhapa Yantra	55
Tula Yantra	55
Modern Pharmaceutical Instruments	56
Edge runner mill	56
End runner mill	57

7.	Moosha	58-66	Importance of Puta	74
	Introduction	58	Putra Krama	74
	Definition	58	Number of Sharava in Puta	74
	Synonyms	58	Fuels	75
	Upadana Dravya	58	Types	75
	Grahya Lakshana of Mrittika	58	(A) Surya Puta	75
	Parts	59	(B) Chandra Puta	76
	Classification	59	(C) Agni Puta	76
	Moosha Apyayanaka	59	Maha Puta	76
	Sandhilepanam	59	Gaja Puta	76
	Samanya Moosha	59	Varaha Puta	77
	Gostani Moosha	60	Kukkuta Puta	78
	Vrintaka Moosha	60	Kapota Puta	78
	Malla Moosha	61	Lavaka Puta	79
	Pakwa Moosha	61	Gomaya Puta	79
	Gola Moosha	61	Valuka Puta	79
	Maha Moosha	62	Bhudhara Puta	80
	Musala Moosha	62	Bhanda Puta	80
	Vajra Dravini Moosha	62	Anukta Puta Mana	81
	Gara Moosha	63	Muffle furnace	81
	Vara Moosha	63	Thermocouple	83
	Varna Moosha	63	Pyrometer	84
	Raupya Moosha	64	10. Parada	86-104
	Vajra Moosha	64	Synonyms	86
	Yoga Moosha	64	Definition and types	87
	Bida Moosha	65	Occurrence	87
	Mudra	65	Ores	88
	- Madana Mudra	65	Parada Dosha	88
	- Hatha Mudra	65	1. Naisargika Dosha	89
	Crucible	65	2. Yaugika Dosha	89
			3. Aupadhika Dosha	89
8.	Koshthi	67-72	Parada Gati	90
	Introduction	67	Parada Shodhana	91
	Definition	67	- Types of Parada Shodhana	91
	Angara Koshthi	67	- Samanya Shodhana of Parada	92
	Patala Koshthi	68	- Vishesh Shodhana of Parada	92
	Gara Koshthi	68	Grahya-Agrahyata of Parada	93
	Tiryak Pradhamana or Moosha Koshthi	69	Parada Samskara	93
	Vankanala	69	- Eighteen Samskara of Parada	93
	Hot Plate	69	- Eight Samskara of Parada	94
	Heating Mantle	70	Swedana Samskara	95
	Induction Stove	71	Mardana Samskara	95
	Hot Air Oven	71	Murchchhana Samskara	96
9.	Putra	73-85	Utthapana Samskara	96
	Introduction	73	Patana Samskara	97
	Nirukti	73	B(R)odhana Samskara	97
	Definition	73	Niyama Samskara	97
	Method of preparation	74		

Deepana Samskara	98	Kajjali	106
Parada Bandha	98	Introduction	106
- Suitability of Parada for Bandhana	99	Definition	106
- Characteristic of Baddha Parada	99	Synonyms	106
- Properties or effects of Baddha Parada	99	Purpose for different proportion of	
- Types of Bandha	99	Gandhaka	106
1. Hatha Bandha	99	Procedure	106
2. Arota Bandha	99	Examinations	107
3. Abhasa Bandha	99	Uses	107
4. Kriyahina Bandha	100	Parpati Kalpana	107
5. Pisitika Bandha	100	Etymology	107
6. Kshara Bandha	100	Synonyms	107
7. Khota Bandha	100	Definition	107
8. Pota Bandha	100	Primordial times	107
9. Kalka Bandha	100	Types	108
10. Kajjali Bandha	100	Equipment used for Parpati Nirmana	108
11. Sajjiva Bandha	100	General Procedure of Parpati Nirmana	108
12. Nirjiva Bandha	101	Parpati Paka Pariksha	109
13. Nirbija Bandha	101	Pashchat Karma	109
14. Sabija Bandha	101	Precautions	109
15. Shrinkhala Bandha	101	Parpati Prayoga	109
16. Druti Bandha	101	1. Samanya Prayoga	110
17. Balaka Bandha	101	2. Vishesha (Kalpa Prayoga)	110
18. Kumara Bandha	101	Anupana	110
19. Taruna Bandha	102	Amayika Prayoga	110
20. Vriddha Bandha	102	Kupipakva Rasayana	110
21. Murti Bandha	102	Introduction	110
22. Jala Bandha	102	Definition	110
23. Agni Bandha	102	Synonyms	110
24. Susamskrita Bandha	102	Importance	110
25. Maha Bandha	102	Historical Glimpses	110
26. Jaluaka Bandha	103	Types	111
Rasa Bhasma Sevana Vidhi	103	Procedure	111
Pathya during Rasa Sevana	103	1. Necessary equipments	111
Apathya during Rasa Sevana	103	2. Ingredients	112
Rasa Sevana Kala	104	3. Filling of Kajjali in Kupa	112
Treatment of Rasa Vyapad	104	4. Heat application	112
Dietetics for Virya Vriddhi of Rasa		5. Observation during heating	113
formulations	104	6. Corking of Kupa	113
Rasa Tyaga Vidhi	104	7. Collection of finished product	113
11. Classification of Rasaushadhi	105-117	Shelf life	114
Kharaliya Rasayana	105	Pottali Kalpana	114
Definition	105	Etymology	114
Types	105	Historical development	114
Procedure	105	Definition	115
Shelf life	105	Classification	115
Importance	106	Method of preparation	115
		1. Kharaliya Method	115

	2. Putapaka Method	116		Ashuddha Abhraka Sevanajanya Dosha	130
	3. Varatika or Shankha Purana Method	116		Dosha Shanti	130
	4. Gandhaka Drava Paka Method	116		Apathya	130
	Salient features of Pottali Kalpana	116		Important formulations	130
	Mode of administration	117	(ii)	Vaikranta (Tourmaline)	130
	Pathya	117		Mineralogical identification	131
	Apathya	117		Types	131
12.	Quality Control and Standardization	118-121		Grahyata	131
	Quality Control of Rasaushadhi	118		Shodhana	131
	A. In process Quality Control	118		Marana	132
	B. Product Quality Control	119		Satvapataana	132
	Standardization of Rasaushadhi	119		Properties	132
	Standardization techniques	120		Dose	132
	- Preliminary tests	120		Anupana	132
	- Physicochemical evaluation	120		Therapeutic uses	132
	- Microbiological evaluation	120		Ashuddha Vaikranta Sevanajanya Dosha	132
	- Analytical evaluation	121		Important formulations	132
				Vaikranta Rasayana	132
			(iii)	Makshika (Chalcopyrite)	132
				Mineralogical identification	133
				Types	133
				Distinctiveness from Vimala	134
				Grahyata	134
				Agrahyata	134
				Shodhana	134
				Marana	135
13.	Classification of Rasadravya	123-125		Characteristic of Makshika Bhasma	135
	Probable concept for classification of Rasadravya	123		Satvapataana	135
	Classification	123		Properties	135
14.	Maharasa	126-146		Dose	135
	Samanya Shodhana and Satvapataana of Maharasa	126		Anupana	135
(i)	Abhraka (Mica)	126		Therapeutic uses	135
	Mineralogical identification	126		Ashuddha Makshika Sevanajanya Dosha	135
	Types	127		Dosha Shanti	135
	Grahyata	127		Important formulations	135
	Shodhana	128	(iv)	Vimala (Iron pyrite)	136
	Dhanyabhraka	128		Mineralogical identification	136
	Marana	128		Types	136
	Characteristic of Abhraka Bhasma	128		Grahyata	136
	Amritikarana	128		Shodhana	136
	Lohitikarana	129		Marana	137
	Satvapataana	129		Satvapataana	137
	Satva Shodhana	129		Properties	137
	Satva Mridukarana	129		Dose	137
	Abhraka Druti	129		Anupana	137
	Panchavidha Samskara of Abhraka	130		Therapeutic uses	137
	Properties	130		Dosha Shanti	137
	Dose	130		Important formulations	137
	Anupana	130			
	Therapeutic uses	130			

(v)	Shilajatu		Conflict on the acceptibility of Kharpara	144
	(Mineral pitch or Black bitumen)	137	Shodhana	145
	Mineralogical identification	138	Marana	145
	Composition of Shilajatu	138	Satvapatana	145
	Types	138	Properties	145
	Grahyata	138	Dose	145
	Examination of Shuddha Shilajatu	138	Anupana	145
	Shodhana	139	Therapeutic uses	145
	Karpooora Shilajatu Shodhana	139	Ashuddha Rasaka Sevanajanya Dosha	146
	Marana	139	Dosha Shanti	146
	Satvapatana	140	Important formulations	146
	Properties	140	15. Uparasa	147-165
	Dose	140	Samanya Shodhana and	
	Anupana	140	Satvapatana of Uparasa	147
	Therapeutic uses	140	(i) Gandhaka (Sulphur)	147
	Ashuddha Shilajatu Sevanajanya Dosha	140	Mineralogical identification	148
	Dosha Shanti	140	Types	148
	Important formulations	140	Grahyata	148
(vi)	Tuttha (Blue vitriol)	140	Shodhana	148
	Mineralogical identification	141	Gandhaka Druti	149
	Types	141	Properties	149
	Grahyata	141	Dose	149
	Nirmalikarana	141	Anupana	149
	Shodhana	141	Therapeutic uses	149
	Marana	141	Ashuddha Gandhaka Sevanajanya Dosha	150
	Satvapatana	142	Dosha Shanti	150
	Properties	142	Apathya	150
	Dose	142	Important formulations	150
	Anupana	142	(ii) Gairika (Hematite)	150
	Therapeutic uses	142	Mineralogical identification	150
	Ashuddha Tuttha Sevanajanya Dosha	142	Types	151
	Dosha Shanti	142	Grahyata	151
	Important formulations	142	Agrahyata	151
(vii)	Chapala (Bismuth ore or Selenium)	142	Shodhana	151
	Controversy	142	Satvapatana	151
	Types	143	Properties	152
	Grahyata	143	Dose	152
	Shodhana	143	Anupana	152
	Marana	143	Therapeutic uses	152
	Satvapatana	143	Important formulations	152
	Properties	143	(iii) Kasisa (Green vitriol)	152
	Ashuddha Chapala Sevanajanya Dosha	143	Mineralogical identification	152
	Dosha Shanti	143	Types	152
	Therapeutic uses	144	Grahyata	153
(viii)	Rasaka (Zinc ore)	144	Shodhana	153
	Types	144	Marana	153
	Grahyata	144	Satvapatana	153

	Properties	153		Kulatthanjana	163
	Dose	154		Shodhana	163
	Anupana	154		Samanya Shodhana	163
	Therapeutic uses	154		Vishesha Shodhana	163
	Important formulations	154		Satvapatana	163
(vi)	Kankshi (Potash alum)	154		Properties	163
	Mineralogical identification	154		Dose	163
	Types	154		Therapeutic uses	163
	Grahyata	155		Important formulations	164
	Shodhana	155	(viii)	Kankushtha	164
	Satvapatana	155		Types	164
	Properties	155		Grahyata and Agrahyata	164
	Dose	155		Controversies related to authentication of Kankushtha	164
	Anupana	155		Shodhana	165
	Therapeutic uses	155		Marana	165
	Important formulations	155		Satvapatana	165
(v)	Haratala (Orpiment)	155		Properties	165
	Mineralogical identification	156		Dose	165
	Types	156		Therapeutic uses	165
	Grahyata	156		Dosha Shanti	165
	Shodhana	156		Important formulations	165
	Marana	157	16.	Sadharana Rasa	166-178
	Characteristic of Haratala Bhasma	157		Samanya Shodhana of Sadharana Rasa	166
	Satvapatana	157	(i)	Kampillaka (Indian Kamala)	166
	Properties	157		Primeval description	166
	Dose	158		Botanical description	166
	Anupana	158		Grahyata	167
	Therapeutic uses	158		Examination of Kampillaka	167
	Ashuddha Haratala Sevanajanya Dosha	158		Shodhana	167
	Dosha Shanti	158		Properties	167
	Important formulations	158		Dose	167
(vi)	Manahshila (Realgar)	158		Toxic effects	167
	Mineralogical identification	159		Anupana	167
	Types	159		Therapeutic uses	167
	Grahyata	159		Important formulations	168
	Shodhana	159	(ii)	Gauripashana (Arsenic oxide)	168
	Satvapatana	160		Mineralogical identification	168
	Properties	160		Types	168
	Dose	160		Grahyata	168
	Anupana	160		Shodhana	169
	Therapeutic uses	160		Marana	169
	Ashuddha Manahshila Sevanajanya Dosha	160		Satvapatana	169
	Dosha Shanti	160		Properties	169
	Important formulations	160		Dose	169
(vii)	Anjana (Collyrium)	160		Dose formation	169
	Types	161		Fatal dose	169
	Grahyata and Agrahyata	161			
	Conflict on the acceptability of Rasanjana	162			

	Anupana	169		Types	175
	Therapeutic uses	169		Grahya and Agrahya	175
	Ashuddha Gauripashana			Shodhana	176
	Sevanajanya Dosh	169		Marana	176
	Dosha Shanti	169		Satvapatana	176
	Important formulations	169		Properties	176
(iii)	Navasagara (Sal ammoniac)	170		Dose	176
	Mineralogical identification	170		Anupana	176
	Physico-chemical properties	170		Therapeutic uses	176
	Types	170		Ashuddha Hingula Sevanajanya Dosh	177
	Shodhana	170		Dosha Shanti	177
	Satvapatana	170		Important formulations	177
	Properties	171	(viii)	Mridarashringa (Litharge)	177
	Dose	171		Mineralogical identification	177
	Anupana	171		Types	177
	Therapeutic uses	171		Grahya	177
	Important formulations	171		Shodhana	177
(iv)	Kapardika (Cowrie)	171		Properties	177
	Instinctive identification	171		Dose	178
	Types	171		Therapeutic uses	178
	Grahya and Agrahya	171		Important formulations	178
	Shodhana	172	17.	Dhatu	179-214
	Marana	172		Nirukti of Lauha	179
	Properties	172		Nirukti of Dhatu	179
	Dose	172		Definition of Dhatu	179
	Anupana	172		Classifications	179
	Therapeutic uses	172		Mythological origin	180
	Important formulations	172		Dhatu - Graha Sambadha	180
(v)	Vahnijara (Ambergris)	173		Dhatu Jvala Pariksha	180
	Grahya	173		Loss on Heating of Dhatu	180
	Physical characteristic	173		Dhatu Shodhana	181
	Shodhana	173		(1) Samanya Shodhana	181
	Properties	173		(2) Vishesha Shodhana	181
	Dose	173		Dhatu Marana	182
	Anupana	173		Dhatu Bhasma Varna	184
	Therapeutic uses	173		Dhatu Samanya Satvapatana	184
	Important formulations	173	(i)	Svarna (Gold)	184
(vi)	Girisindura (Red oxide of mercury)	174		Metallic characteristic	185
	Mineralogical identification	174		Types	185
	Types	174		Grahya	185
	Grahya and Agrahya	174		Agrahya	185
	Shodhana	174		Shodhana	185
	Properties	174		Marana	186
	Dose	174		Svarna Druti	186
	Therapeutic uses	175		Properties	187
	Important formulations	175		Dose	187
(vii)	Hingula (Cinnabar)	175		Anupana	187
	Mineralogical identification	175			

	Therapeutic uses	187		Marana	197
	Ashuddha Svama Sevanajanya Dosha	187		Trividha Loha Paka	198
	Dosha Shanti	187		Uses of Loha Bhasma according to	
	Pathya	187		number of Puta	199
	Apathya	187		Characteristic of Loha Bhasma	199
	Svama Mandala	187		Amritikarana of Mrita Loha	199
	Svama Lavana	187		Nirutthikarana of Mrita Loha	199
	Important formulations	187		Loha Druti	199
(ii)	Rajata (Silver)	187		Properties	199
	Metallic characteristic	188		Dose	200
	Types	188		Anupana	200
	Grahyata	188		Therapeutic uses	200
	Agrahyata	188		Ashuddha Loha Sevanajanya Dosha	200
	Shodhana	189		Dosha Shanti	200
	Marana	189		Apathya	200
	Raupya Druti	189		Important formulations	200
	Properties	190	(v)	Vanga (Tin)	200
	Dose	190		Etymology	200
	Anupana	190		Metallic characteristic	201
	Therapeutic uses	190		Types	201
	Ashuddha Rajata Sevanajanya Dosha	190		Grahyata	201
	Dosha Shanti	190		Shodhana	201
	Rajata Mandala	190		Marana	202
	Important formulations	190		Characteristic of Vanga Bhasma	202
(iii)	Tamra (Copper)	190		Alkali Test	202
	Metallic characteristic	191		Properties	203
	Types	191		Dose	203
	Grahyata	191		Anupana	203
	Agrahyata	191		Therapeutic uses	203
	Shodhana	192		Ashuddha Vanga Sevanajanya Dosha	203
	Marana	192		Dosha Shanti	203
	Characteristic of Tamra Bhasma	192		Important formulations	203
	Amritikarana of Tamra	192	(vi)	Naga (Lead)	203
	Properties	193		Metallic characteristic	204
	Dose	193		Types	204
	Anupana	193		Grahyata	204
	Therapeutic uses	193		Agrahyata	204
	Ashuddha Tamra Sevanajanya Dosha	193		Shodhana	204
	Dosha Shanti	193		Marana	205
	Important formulations	193		Properties	205
(iv)	Loha (Iron)	193		Dose	205
	Etymology	193		Anupana	205
	Metallic characteristic	194		Therapeutic uses	205
	Types	194		Ashuddha Naga Sevanajanya Dosha	205
	Grahyata	195		Dosha Shanti	206
	Examination of Tikshna Loha	196		Important formulations	206
	Examination of Kanta Loha	197	(vii)	Yashada (Zinc)	206
	Shodhana	197		Primeval description	206

	Metallic characteristic	206			
	Types	207			
	Grahyata	207			
	Agrahyata	207			
	Shodhana	207			
	Marana	207			
	Characteristic of Yashada Bhasma	208			
	Properties	208			
	Dose	208			
	Anupana	208			
	Therapeutic uses	208			
	Ashuddha Yashada Sevanajanya Dosha	208			
	Dosha Shanti	208			
	Important formulations	208			
(viii)	Pittala (Brass)	209			
	Metallic characteristic	209			
	Types	209			
	Grahyata	209			
	Agrahyata	209			
	Shodhana	209			
	Marana	210			
	Characteristic of Pittala Bhasma	210			
	Properties	210			
	Dose	211			
	Anupana	211			
	Therapeutic uses	211			
	Ashuddha Pittala Sevanajanya Dosha	211			
	Dosha Shanti	211			
	Important formulations	211			
(iv)	Kamsya (Bell metal)	211			
	Metallic characteristic	211			
	Types	211			
	Grahyata	211			
	Agrahyata	212			
	Shodhana	212			
	Marana	212			
	Characteristic of Kamsya Bhasma	213			
	Properties	213			
	Dose	213			
	Anupana	213			
	Therapeutic uses	213			
	Important formulations	213			
(x)	Vartalaucha	213			
	Shodhana	214			
	Marana	214			
	Properties	214			
	Dose	214			
	Anupana	214			
	Therapeutic uses	214			
			18. Ratna	215-238	
			Derivation	215	
			Definition	215	
			Mythological origin	215	
			Classification	215	
			Ratna-Graha relation	216	
			Qualities of best Ratna	216	
			Dosha	216	
			Shodhana	216	
			Marana	217	
			Ratna Druti	218	
			Properties	218	
			Therapeutic uses	218	
			Properties of Ratna Dharana	218	
			Usage of Ratna	218	
		(i)	Manikya (Ruby)	219	
			Mineralogical identification	219	
			Types	219	
			Grahyata	219	
			Agrahyata	220	
			Test of Manikya	220	
			Shodhana	220	
			Marana	220	
			Pishtikarana	220	
			Characteristic of Manikya Bhasma	220	
			Properties	220	
			Dose	221	
			Anupana	221	
			Therapeutic uses	221	
			Important formulations	221	
		(ii)	Mukta (Pearl)	221	
			Mineralogical identification	222	
			Types	222	
			Grahyata	222	
			Agrahyata	222	
			Test for Uttama Mukta	222	
			Shodhana	222	
			Marana	222	
			Pishtikarana	223	
			Characteristic of Mukta Bhasma	223	
			Properties	223	
			Dose	223	
			Anupana	223	
			Therapeutic uses	223	
			Important formulations	223	
		(iii)	Pravala (Coral)	223	
			Sources	223	

	Under threat	224		Marana	231
	Legal standing	224		Properties	232
	Mineralogical identification	224		Dose	232
	Types	224		Anupana	232
	Grahya	224		Therapeutic uses	232
	Agrahyata	225		Ashuddha Hiraka Sevanajanya Dosha	232
	Shodhana	225		Dosha Shanti	232
	Marana	225		Important formulations	233
	Pishtikarana	225	(vii)	Nilama (Sapphire)	233
	Properties	225		Mineralogical identification	233
	Dose	225		Types	233
	Anupana	225		Grahya	234
	Therapeutic uses	225		Agrahyata	234
	Important formulations	225		Shodhana	234
(iv)	Panna (Emerald)	226		Marana	234
	Mineralogical identification	226		Properties	234
	Types	226		Dose	234
	Grahya	226		Anupana	234
	Agrahyata	226		Therapeutic uses	234
	Shodhana	226		Important formulations	234
	Marana	226	(viii)	Gomed (Zircon)	235
	Pishtikarana	226		Mineralogical identification	235
	Properties	227		Types	235
	Dose	227		Grahya	235
	Anupana	227		Agrahyata	235
	Therapeutic uses	227		Purity test	236
	Important formulations	227		Shodhana	236
(v)	Pushparaga (Topaz)	227		Marana	236
	Mineralogical identification	227		Pishtikarana	236
	Types	227		Properties	236
	Grahya	227		Dose	236
	Agrahyata	228		Anupana	236
	Shodhana	228		Therapeutic uses	236
	Marana	228		Important formulations	236
	Pishtikarana	228	(ix)	Vaidurya (Cat's Eye)	236
	Properties	228		Mineralogical identification	237
	Dose	228		Types	237
	Anupana	228		Grahya	237
	Therapeutic uses	228		Agrahyata	237
	Important formulations	228		Shodhana	237
(vi)	Vajra (Diamond)	228		Marana	237
	Mineralogical identification	229		Pishtikarana	237
	Types	229		Properties	238
	Grahya	230		Dose	238
	Agrahyata	230		Anupana	238
	Test for Grahya Hiraka	231		Therapeutic uses	238
	Dosha of Hiraka	231		Important formulations	238
	Shodhana	231			

19.	Uparatna	239-249		Therapeutic uses	246
(i)	Vaikranta	240		Important formulations	246
(ii)	Suryakanta (Sun stone)	240	(vii)	Trinakanta (Kaharuba)	246
	Mineralogical identification	240		Mineralogical identification	246
	Grahyata	240		Types	246
	Purity examination	240		Shodhana	247
	Shodhana	240		Marana	247
	Marana	241		Pishtikarana	247
	Properties	241		Properties	247
(iii)	Chandrakanta (Moonstone)	241		Dose	247
	Mineralogical identification	241		Anupana	247
	Grahyata	241		Therapeutic uses	247
	Shodhana	241		Important formulations	247
	Marana	242	(viii)	Rudhiram (Carnelian)	247
	Pishtikarana	242		Mineralogical identification	247
	Properties	242	(ix)	Putika (Peridote)	248
	Dose	242		Mineralogical identification	248
	Anupana	242		Grahyata and Agrahyata	248
	Therapeutic uses	242		Disparity test from Panna	248
(iv)	Rajavarta (Lapis Lazuli)	242		Shodhana etc	248
	Mineralogical identification	242	(x)	Palanka (Onyx)	248
	Types	242		Mineralogical identification	248
	Grahyata	243		Types	248
	Shodhana	243		Shodhana	249
	Marana	243		Marana	249
	Satvapataana	243	(xi)	Sugandhikam (Spinel)	249
	Pishtikarana	243		Types	249
	Properties	243		Shodhana	249
	Dose	244		Marana	249
	Anupana	244	20.	Sudha Varga	250-261
	Therapeutic uses	244		Primeval description	250
	Important formulations	244		Classification of Sudha Varga	250
(v)	Perojaka (Turquoise)	244	(i)	Sudha (Lime)	250
	Mineralogical identification	244		Physical properties	251
	Types	244		Shodhana and Marana	251
	Shodhana	244		Churnodaka Nirmana (lime water)	251
	Marana	244		Properties of Churnodaka	251
	Properties	245		Dose of Churnodaka	251
	Dose	245		Anupana	251
	Anupana	245		Therapeutic uses of Churnodaka	251
	Therapeutic uses	245		Important formulations	251
(vi)	Sphatikamani (Rock crystal)	245	(ii)	Khatika (Chalk)	251
	Mineralogical identification	245		Types	251
	Grahyata and Agrahyata	245		Shodhana	251
	Shodhana	245		Properties	251
	Marana	246		Dose	252
	Properties	246		Anupana	252

	Therapeutic uses	252		Properties	259
	Important formulations	252		Dose	259
(iii)	Godanti (Gypsum)	252		Anupana	259
	Types	252		Therapeutic uses	259
	Grahya and Agrahya	252		Ashuddha Samudraphena	
	Shodhana	252		Sevanajanya Dosha	259
	Marana	252		Important formulations	259
	Properties	253	(viii)	Mrigashringa (Stag horn)	259
	Dose	253		Description	259
	Anupana	253		Grahya	259
	Therapeutic uses	253		Shodhana	259
	Important formulations	253		Marana	259
(iv)	Shankha (Conch Shell)	253		Dose	260
	Description	253		Anupana	260
	Types	253		Therapeutic uses	260
	Grahya and Agrahya	253		Important formulations	260
	Shodhana	253	(ix)	Kukkutanda Twak (Hen's Egg shell)	260
	Marana	254		Shodhana	260
	Properties	254		Marana	260
	Dose	254		Dose	261
	Anupana	254		Anupana	261
	Therapeutic uses	254		Therapeutic uses	261
	Important formulations	254		Important formulations	261
	Shambuka (Pila)	254	(x)	Kachchhapashthi (Tortoise bone)	261
	Shodhana	254		Shodhana	261
	Marana	254		Marana	261
	Properties	255		Dose	261
	Dose	255		Anupana	261
	Anupana	255		Therapeutic uses	261
	Therapeutic uses	255	21.	Sikta Varga	262-268
(v)	Shukti (Oyster)	255		Primeval description	262
	Types	255	(i)	Sikta (Silica)	262
	Physical Characteristics	256		Shodhana and Marana	262
	Shodhana	256		Properties	262
	Marana	257		Therapeutic uses	263
	Pishtikarana	257	(ii)	Dugdhapashana (Talc, Soft Stone)	263
	Properties	257		Description	263
	Dose	257		Mineralogical identification	263
	Anupana	257		Shodhana	263
	Therapeutic uses	257		Marana	263
	Important formulations	257		Properties	263
(vi)	Varatika (Cowrie)	257		Dose	263
(vii)	Samudraphena (Cuttle fish bone)	258		Anupana	263
	Origin, collection and distribution	258		Therapeutic uses	264
	Physical properties	258	(iii)	Nagapashana (Serpentine)	264
	Shodhana	258		Mineralogical identification	264
	Marana	258		Shodhana	264

	Marana	264		(ii)	Sarjakshara (Sodium bicarbonate)	269
	Pishtikarana	264			Physical properties	269
	Properties	264			Method of Preparation	269
	Dose	264			Properties	270
	Anupana	264			Dose	270
	Therapeutic uses	264			Anupana	270
	Important formulations	264			Therapeutic uses	270
(iv)	Badarashma (Silicate of lime)	265			Important formulations	270
	Description	265		(iii)	Yavakshara (Potash carbonate)	270
	Shodhana	265			Physical properties	270
	Marana	265			Method of Preparation	270
	Pishtikarana	265			Properties	271
	Properties	265			Dose	271
	Dose	265			Anupana	271
	Anupana	265			Therapeutic uses	271
	Therapeutic uses	265			Important formulations	271
	Important formulations	265			Tankana (Borax)	271
(v)	Vyomashma (Sangeyashaba - Jade)	265		(iii)	Mineralogical identification	272
	Mineralogical identification	266			Types	272
	Types	266			Niramalikarana	272
	Shodhana	266			Shodhana	272
	Marana	266			Properties	272
	Pishtikarana	266			Dose	272
	Properties	266			Anupana	272
	Dose	266			Therapeutic uses	272
	Anupana	266			Ashuddha Tankana Sevanajanya Dosha	273
	Therapeutic uses	267			Dosha Shanti	273
	Important formulations	267			Important formulations	273
(vi)	Kausheyashma (Asbestos)	267		(iv)	Suryakshara (Potassium nitrate)	273
	Description	267			Types	273
	Mineralogical identification	267			Niramalikarana	273
	Shodhana	267			Shodhana	273
	Marana	267			Properties	273
	Dose	267			Dose	273
	Anupana	267			Anupana	273
	Therapeutic uses	267			Therapeutic uses	273
(vii)	Akika (Agate)	267			Important formulations	273
	Mineralogical identification	268		23. Miscellaneous		274-284
	Shodhana	268		(i)	Mandoora (Iron oxide)	274
	Marana	268			Mineralogical identification	274
	Pishtikarana	268			Types	275
	Properties	268			Grahya and Agrahya	275
	Dose	268			Shodhana	275
	Anupana	268			Marana	275
	Therapeutic uses	268			Properties	275
	Important formulations	268			Dose	276
22.	Kshara Varga	269-273			Anupana	276
	Classification of Kshara Varga	269				

	Therapeutic uses	276		Specifications in existing	
	Important formulations	276		European legislation	283
(ii)	Bola (Myrrh)	276		Manufacturing process	283
	Prehistoric description	276		Composition	284
	Botanical description	276		Important formulations	284
	Types	276	24.	Visha and Upavisha	285-303
	Shodhana	276		Definition of Visha	285
	Properties	277		Synonyms of Visha	285
	Dose	277		Types of Visha	285
	Therapeutic uses	277		Adhishtana of Sthavara Visha	285
	Dosha Shanti	277		Types of Sthavara Visha	285
	Important formulations	277		Name of Visha	285
(iii)	Kasturi (Musk)	277		Name of Upavisha	286
	Types	278	(i)	Vatsanabha (Aconite)	286
	Characteristics	278		Botanical description	286
	Chemical constituents	278		Types	286
	Examinations	278		Grahyata (Collection)	286
	Properties	279		Shodhana	287
	Dose	279		Storage of Shuddha Vatsanabha	287
	Therapeutic uses	279		Marana	287
	Important formulations	279		Properties	287
(iv)	Bhoonaga (Earth worm)	279		Therapeutic uses	288
	Types	279		Yogya - Ayogya and Pathya - Apathya	288
	Grahyata	279		Dose	288
	Satvapatana	280		Antidotes	288
	Satva Marana	280		Ashuddha Vatsanabha Sevanajanya Dosha	288
	Properties	280		Dosha Shanti	288
	Therapeutic uses etc	280		Important formulations	288
(v)	Mayurpichchha	281	(ii)	Kupilu (Strychnos nuxvomica)	288
	Description	281		Botanical description	288
	Characteristics	281		Shodhana	289
	Marana	281		Properties	289
	Satvapatana and Marana	281		Therapeutic uses	289
	Dose	282		Dose	289
	Anupana	282		Antidotes	290
	Therapeutic uses	282		Dosha Shanti	290
(vi)	Sarjarasa (Resin of Sal tree)	282		Important formulations	290
	Botanical description	282	(iii)	Ahiphena (Opium)	290
	Types	282		Botanical description	290
	Properties	282		Types	290
	Dose	283		Nirmalakarana	290
	Therapeutic uses	283		Shodhana	291
	Important formulations	283		Properties	291
(vii)	Madhoochhishta (Bees wax)	283		Therapeutic uses	291
	Properties	283		Yogya - Ayogya and Pathya - Apathya	291
	Therapeutic uses	283		Dose	291
	EU purity criteria of Beewax	283		Antidotes	291

	Dosha Shanti	291		Properties	298
	Important formulations	292		Therapeutic uses	298
(iv)	Jayapala (Croton seed)	292		Dose	298
	Botanical description	292		Antidote	298
	Shodhana	292		Dosha Shanti	299
	Properties	293		Important formulations	299
	Therapeutic uses	293	(ix)	Langali (Glory lily)	299
	Yogya - Ayogya and Pathya - Apathya	293		Botanical description	299
	Dose	293		Shodhana	299
	Antidotes	293		Properties	299
	Dosha Shanti	293		Therapeutic uses	299
	Important formulations	293		Langali Sevanajanya Vikara	299
(v)	Bhanga (Indian hemp)	293		Dosha Shanti	299
	Botanical description	293		Important formulations	300
	Shodhana	294	(x)	Arkakshira	
	Properties	294		(Latex of Calotropis procera)	300
	Dose	294		Botanical description	300
	Therapeutic uses	294		Properties	300
	Dosha Shanti	294		Dose	300
	Important formulations	294		Therapeutic uses	300
(vi)	Bhallataka (Marking nut)	294		Dosha Shanti	300
	Botanical description	295		Important formulations	300
	Collection and Preservation	295	(xi)	Snuhikshira	
	Types	295		(Latex of Euphorbia nerifolia)	300
	Grahyata	295		Botanical description	301
	Shodhana	295		Shodhana	301
	Properties	295		Properties	301
	Therapeutic uses	296		Therapeutic uses	301
	Contraindication	296		Dosha Shanti	301
	Dose	296		Important formulations	301
	Ashuddha Bhallataka Sevanajanya Vikara	296	(xii)	Gunja (Indian liquorice)	301
	Antidotes	296		Botanical description	301
	Dosha Shanti	296		Types	302
	Important formulations	296		Importance of Shodhana	302
(vii)	Karavira (Indian oleander)	296		Shodhana	302
	Botanical description	296		Properties	302
	Types	297		Therapeutic uses	303
	Shodhana	297		Dose	303
	Properties	297		Dosha Shanti	303
	Therapeutic uses	297		Important formulations	303
	Dose	297	25.	Formulations	304-339
	Karavira Sevanajanya Vikara	297		Kharaliya Rasayana	304
	Dosha Shanti	297		1. Agnikumara Rasa	304
	Important formulations	297		2. Agnitundi Vati	304
(viii)	Dhattura (Throne apple)	297		3. Amavatri Rasa	305
	Botanical description	297		4. Anandabhairava Rasa	305
	Shodhana	298		5. Arogyavardhini Vati	305

6. Arshakuthara Rasa	306
7. Ashwakanchuki Rasa	306
8. Brihat Vangeshwara Rasa	307
9. Brihat Vatachintamani Rasa	307
10. Chandrakala Rasa	308
11. Chandramrita Rasa	309
12. Chandraprabha Vati	309
13. Chaturbhujia Rasa	310
14. Chintamani Rasa	310
15. Ekangavira Rasa	311
16. Gandhaka Rasayana	312
17. Garbhachintamani Rasa	312
18. Garbhapala Rasa	313
19. Grahani Kapata Rasa	313
20. Gulmakuthara Rasa	313
21. Higuleshwara Rasa	314
22. Hridayarnava Rasa	314
23. Jalodarani Rasa	314
24. Javahara Mohara	315
25. Kamadugha Rasa	315
26. Kapha Ketu Rasa	315
27. Kasturi Bhairava Rasa	316
28. Kravyada Rasa	316
29. Krimi Mudgara Rasa	317
30. Krimi Kuthara Rasa	317
31. Kumara Kalyana Rasa	317
32. Laghu Sutashekhara Rasa	318
33. Madhumalini Vasanta Rasa	318
34. Mahajvarankusha Rasa	318
35. Mahalakshmiivilasa Rasa	319
36. Maha Vatavidhwanshana Rasa	319
37. Mrityunjaya Rasa	320
38. Navajivana Rasa	320
39. Prabhakara Vati	321
40. Pradarantaka Rasa	321
41. Pratapa Lankeshwara Rasa	321
42. Pravala Panchamrita Rasa	322
43. Purna Chandra Rasa	322
44. Raktapittakulakandana Rasa	323
45. Ramabana Rasa	323
46. Shankha Vati	323
47. Shonitargala Rasa	324
48. Shwasakuthara Rasa	324
49. Shwasakasa Chintamani Vati	324
50. Smruti Sagara Rasa	325
51. Suchika Bharana Rasa	325
52. Sutashekhara Rasa	326
53. Trinetra Rasa	326

54. Tribhuvanakirti Rasa	326
55. Trilokya Chintamani Rasa	327
56. Vasanta Malati Rasa	327
57. Vangeshwara Rasa	328
58. Vasanata Kusumakara Rasa	328
59. Vata Gajankusha Rasa	329
60. Yogendra Rasa	329
Kupipakva Rasayana	330
61. Makaradhwaja	330
62. Mallasindoora	330
63. Manikya Rasa	331
64. Rasakarpura	331
65. Rasapushpa	331
66. Rasasindoora	332
67. Samirapannaga Rasa	333
68. Siddha Makaradhwaja	333
69. Svama Vanga	333
Parpati Rasa	334
70. Bola Parpati	334
71. Gagana Parpati	334
72. Loha Parpati	334
73. Panchamrita Parpati	335
74. Rasa Parpati	335
75. Shweta Parpati	335
76. Svama Parpati	335
77. Tamra Parpati	336
78. Vijaya Parpati	336
Pottali Rasa	337
79. Hemagarbha Pottali	337
80. Hiranyagarbha Pottali	337
81. Lokanatha Rasa	337
82. Mallagarbha Pottali	338
83. Mriganka Pottali	338
84. Rasagarbha Pottali	339
85. Shankhagarbha Pottali	339

26.

Pharmacovigilance and its status in India	340-342
Etymology	340
Definition	340
Aim and Objectives	340
Chronological Development	340
Current Status (ASU & H)	341
Bibliography	343-345
Alphabet Index	346-358
Color Photographs	359-366
Ashta Samskara of Parada	359
Rasa Dravya	361